Moorfields Eye Hospital NHS Foundation Trust

NHS

Patient information: pharmacy

Compliance aids step by step guides- ComplEye®

The ComplEye® is specifically created for the Hylo range of multi-dose eye drops, such as Hylo-Tears and Hylo-Forte. It is designed to help you with the stable positioning of the bottle over your eye, so you can accurately squeeze a drop into your eye.

Instructions for use:

1. After washing your hands, place the bottle into the holder with the nozzle facing towards the eye piece.
2. Lie down or sit down comfortably, remove the bottle cap and tilt your head back.
3. With the viewing hole of the aid facing upwards, use the aid to help you lower your bottom eye lid so the lower part of the aid rests near/on your cheek bone. Place the top part of the aid on near/on your brow bone.
4. Position your thumbs either side of the eye piece to reach the button press at the end of the bottle.
5. When ready, look up through the viewing hole, and squeeze the button to release a drop.
6. Unless your clinician has advised otherwise, close your eye and gently press the inside corner for 30 seconds to help prevent the drop entering your mouth.

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This information can be made available in alternative formats, such as easy read or large print on request. Please call PALS: 020 7566 2324 / 020 7566 2325

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