Moorfields Eye Hospital NHS Foundation Trust

NHS

Patient information: pharmacy

Compliance aids step by step guides-Autosqueeze®

The Autosqueeze® is for use with eye drop bottles, and is designed to help make it easier to squeeze the bottle when administering drops into your eye.

Instructions for use:

- After washing your hands, place the neck of the bottle into the central holder and bring the wings up either side of the bottle. The thick grooves of the wings should be next to the bottle.
- Lie down or sit down comfortably, then remove the bottle cap.
- Tilt your head back, lower your bottom eyelid using your finger, and position the bottle nozzle over your eye.
- When ready, gently squeeze the wings together to release a drop.
- Unless your clinician has advised otherwise, close your eye and gently press the inside corner for 30 seconds to help prevent the drop entering your mouth.
- When finished, replace the cap of your eye drop bottle.

Please note: the Autosqueeze® can also be used together with the Autodrop®.

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Revision number: 1
Approval date: April 2018

This information can be made available in alternative formats, such as easy read or large print on request. Please call PALS: 020 7566 2324 / 020 7566 2325

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